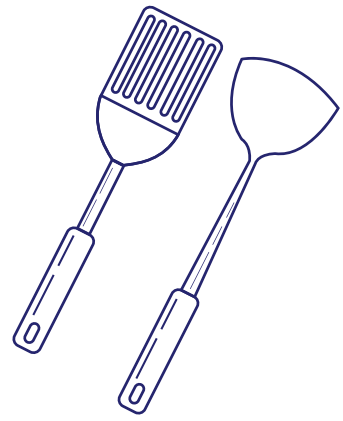


Virtual Family Cooking Classes

&

Local Farm Fresh Meal Kit



How It Works:

1. If you are interested in our classes, please fill out this brief [survey](#).
2. If local, pick up your \$12 kit, Thursdays from 3:00- 4:00 PM at the **Philmont Food CO-OP** located at **116 Main St, Philmont, NY 12565**. If \$12 is not feasible for you, please inquire about our coupons.
3. **Tune in to the virtual cooking class Thursdays from 5:00-6:30** by following the link you receive via email.

